

Young People Are lost in Psychiatry

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Too many young people are being let down in the Danish psychiatry system. It can have long-term consequences for the well-being of people in society and undermines our trust in the health system.

A new study from Statistics Denmark unfortunately confirms this concern, and makes it clear that there is a problem in our psychiatric treatment.

According to the study, only 1 in 5 young people complete their necessary psychiatric treatment through the public sector, and only 28% of applicants start a course.

Due to this, many young people will have to seek private help for their mental problems, which, due to financial reasons, is not an option for everyone. This makes psychiatry a luxury that not everyone can afford.

A 60-minute psychologist session costs DKK 1,500 on average, and you will often have sessions over several months to benefit from a psychologist.